## SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

## SCHEDULE 13G/A (RULE 13d-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO § 240.13d-1(b), (c) AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO § 240.13d-2 UNDER THE SECURITIES EXCHANGE ACT OF 1934 ("ACT") (FINAL AMENDMENT)

## **First Trust Institutional Preferred Securities and Income ETF**

(Name of Issuer)

Exchange-Traded Fund (Title of Class of Securities)

> 33739P855 (CUSIP Number)

December 31, 2019 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

⊠ Rule 13d-1(b)

 $\Box$  Rule 13d-1(c)

 $\Box$  Rule 13d-1(d)

## CUSIP No. 33739P855

1) Names of Reporting Persons							
IRS Identification No. Of Above Persons							
The PNC Financial Services Group, Inc. 25-1435979							
2) Check the Appropriate Box if a Member of a Group (See Instructions)							
a)  b)  b							
3) SEC USE ONLY							
4) Citizenship or Place of Organization							
Demos la contra la							
Pennsylvania							
5) Sole Voting Power							
*							
* See the response to Item 5.							
6) Shared Voting Power							
Number of							
Shares * Beneficially * See the response to Item 5							
Owned See the response to item 5.							
By Each 7) Sole Dispositive Power							
Reporting							
Person With *							
* See the response to Item 5.							
8) Shared Dispositive Power							
* See the response to Item 5.							
9) Aggregate Amount Beneficially Owned by Each Reporting Person							
*							
* See the response to Item 5.							
10) Check if the Aggregate Amount in Row (9) Excludes Certain Shares See Instructions							
11) Percent of Class Represented by Amount in Row (9)							
*							
* See the response to Item 5.							
12) Type of Reporting Person (See Instructions)							
HC							

## CUSIP No. 33739P855

1)	) Names of Reporting Persons IRS Identification No. Of Above Persons							
	TRS Identification No. Of Above Persons							
	PNC Bancorp, Inc. 51-0326854							
2)								
3)	SEC USE ONI	v						
3)	) SEC USE ONLY							
4)	Citizenship or	Place	e of Organization					
	Delaware							
		5)	Sole Voting Power					
			*					
			* See the response to Item 5.					
		6)	Shared Voting Power					
Number of								
	Shares Beneficially		*					
	Owned	-	* See the response to Item 5.					
	By Each	7)	Sole Dispositive Power					
	Reporting Person With		*					
			* See the response to Item 5.					
		8)	Shared Dispositive Power					
			*					
2)			* See the response to Item 5.					
9)	Aggrega	te A	mount Beneficially Owned by Each Reporting Person					
	*							
	* See the response to Item 5.							
10)			ate Amount in Row (9) Excludes Certain Shares See Instructions					
11)	Percent of Class	s Rep	presented by Amount in Row (9)					
	*							
12)	* See the response to Item 5.     Type of Reporting Person (See Instructions)							
12)	12) Type of Reporting Person (See Instructions)							
	НС							

## CUSIP No. 33739P855

	1) Names of Reporting Persons IRS Identification No. Of Above Persons							
	PNC Bank, National Association 22-1146430							
		) 🗋						
3)	3) SEC USE ONLY							
4)	Citizenship	or P	lace of Organization					
	United St	tates	3					
		5)	Sole Voting Power					
			*					
			* See the response to Item 5.					
		6)	Shared Voting Power					
Nu	umber of							
ŝ	Shares		*					
	neficially		* See the response to Item 5.					
	Dwned	7)						
	by Each eporting	• )						
	son With		*					
			* See the response to Item 5.					
		8)	Shared Dispositive Power					
		0)						
			*					
			* See the response to Item 5.					
9) /	A acresceta /		int Beneficially Owned by Each Reporting Person					
<i>9) 1</i>	nggregate F	mot	in Denenciany Owned by Each Repoliting reison					
*	*							
	* * See the response to Item 5.							
			ponse to item 5. gregate Amount in Row (9) Excludes Certain Shares See Instructions					
10) (	neck II the	Agg	gregate Amount in Now (9) Excludes Certain Shares See Instructions					
		1005	Democrated by Amount in Day (0)					
11)1	1) Percent of Class Represented by Amount in Row (9)							
	*							
	* See the response to Item 5.							
12)	12) Type of Reporting Person (See Instructions)							
	DV							
	BK							

#### ITEM 1(a) - NAME OF ISSUER:

First Trust Institutional Preferred Securities and Income ETF

#### ITEM 1(b) - ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES:

120 East Liberty Drive, Suite 400 Wheaton, Illinois 60187

#### ITEM 2(a) - NAME OF PERSON FILING:

The PNC Financial Services Group, Inc.; PNC Bancorp, Inc.; and PNC Bank, National Association

#### ITEM 2(b) - ADDRESS OF PRINCIPAL BUSINESS OFFICE:

The PNC Financial Services Group, Inc. - 300 Fifth Avenue, Pittsburgh, PA 15222-2401 PNC Bancorp, Inc. - 222 Delaware Avenue, Wilmington, DE 19801 PNC Bank, National Association - 300 Fifth Avenue, Pittsburgh, PA 15222-2401

ITEM 2(c) - CITIZENSHIP:

The PNC Financial Services Group, Inc. - Pennsylvania PNC Bancorp, Inc. - Delaware PNC Bank, National Association - United States

ITEM 2(d) - TITLE OF CLASS OF SECURITIES:

Exchange-Traded Fund

#### ITEM 2(e) - CUSIP NUMBER:

33739P855

#### ITEM 3 - IF THIS STATEMENT IS FILED PURSUANT TO RULE 13d-1(b), OR 13d-2(b), CHECK WHETHER THE PERSON FILING IS A:

- (a)  $\Box$  Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);
- (b)  $\boxtimes$  Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
- (c)  $\Box$  Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);
- (d) □ Investment company registered under Section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);
- (e)  $\Box$  An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);
- (f)  $\Box$  An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F);
- (g)  $\boxtimes$  A parent holding company or control person in accordance with §240.13d-1(b)(1)(ii)(G);
- (h) 🗆 A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) 🗌 A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act (15 U.S.C.
- 80a-3); (j) □ A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J);
- (i)  $\Box$  Group, in accordance with §240.13d-1(b)(1)(ii)(K).
- (k)  $\Box$  Group, in accordance with § 240.150-1(0)(1)(1)(K).

### ITEM 4 - OWNERSHIP:

The following information is as of December 31, 2019:

(a)	Amount Beneficially Owned:					
(b)	Percent of Class:	* See the response to Item 5.				
(0)		* See the response to Item 5.				
(c)	Number of shares to which such person has:					
	(i) sole power to vote or to direct the vote	*				
	(ii) shared power to vote or to direct the vote	*				
	(iii) sole power to dispose or to direct the disposition of	*				
	(iv) shared power to dispose or to direct the disposition of	*				
		* See the response to Item 5.				

The inclusion of the reporting persons and such securities in this report shall not be deemed an admission of beneficial ownership by the reporting persons for any other purposes other than the purposes of Section 13(g) of the Act.

#### ITEM 5 - OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS:

Each reporting person has ceased to beneficially own more than 5% of the fund shares of the issuer.

ITEM 6 - OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON:

Not Applicable.

# ITEM 7 - IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY:

Included are the following subsidiaries of The PNC Financial Services Group, Inc. - HC:

PNC Bancorp, Inc. - HC (wholly owned subsidiary of The PNC Financial Services Group, Inc.)

PNC Bank, National Association - BK (wholly owned subsidiary of PNC Bancorp, Inc.)

ITEM 8 - IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP:

Not Applicable.

#### ITEM 9 - NOTICE OF DISSOLUTION OF GROUP:

Not Applicable.

#### ITEM 10 - CERTIFICATION:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

#### SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 7, 2020 Date February 7, 2020 Date

By: /s/ Gregory H. Kozich Signature - The PNC Financial Services Group, Inc. Gregory H. Kozich, Senior Vice President & Controller Name & Title By: /s/ Janet Jolles Signature - PNC Bancorp, Inc. Janet Jolles, Chairman & President Name & Title

February 7, 2020 Date

By: /s/ Gregory H. Kozich Signature - PNC Bank, National Association Gregory H. Kozich, Executive Vice President & Controller Name & Title

AN AGREEMENT TO FILE A JOINT STATEMENT WAS PREVIOUSLY FILED